

Annual Report

Tuairisc Bhliantúil



Bantracht na Tuaithe | ICA - For All Women



Irish Countrywomen's Association

2021 - 2022

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ICA Mayoral Reception Clonmel,
Tipperary



Marlay Guild, Dublin Federation
Christmas outing

Company Information

Business address

58 Merrion Road, Ballsbridge, Dublin 4

Auditors

DMQ Accountants Limited, Chartered Accountants and Registered Auditors,
Summerhill, Wicklow Town, Co. Wicklow A67 TD54

Bank

Allied Irish Bank, Dyer Street, Drogheda, Co. Louth, Ireland
Bank of Ireland, 2 College Green, Dublin 2

Company Registration Number : 16219

Charity Number (Revenue): CHY4947

Charity Registration N^o: 20006730

Company Secretary: Joanne Dunphy Allen

A Year in Review

A Chomhbhail,

As I write my first piece for an Annual Report as National President, I am delighted that we are getting back to our Guild and Federation meetings and events. 2021 was the second year of the worldwide Covid 19 Pandemic.

Never before has a National President come into office with only a handful of people in the room. The AGM in 2021 was an unusual one as it was live streamed to all members via Zoom as Covid restrictions at the time did not permit large scale meetings in person.

Our new Board and National Advisory Committee also came into office at the AGM and since then, we have had training for NEB an NAC and many meetings, some in person and some on Zoom.

The National Executive Board's Sub Committees of Governance, Finance, Human Resources/Remuneration/ Employment and the National Advisory Committee Sub committees of Handcraft, Arts, Produce and Climate Action/Sustainability have begun their important work.

A new Procedures Committee is in place. Dublin Federation has taken on the role of Contests Committee.

The Association welcomed a new CEO in September 2021. Eufemia Solinas, originally from Sardinia, brings a wealth of experience, knowledge and energy to her role and has already shown herself to be an inspirational leader.

ICA is a membership organisation and I want to hear from the members. I aim to visit every Federation and every Guild during my term of office. It was lovely to talk to Guild presidents or secretaries, to pass on my best wishes in the run up to Christmas and into the New Year.

I am so pleased that with restrictions eased and now lifted I have been able to travel around the country. In July I was thrilled to be in An Grianán as it reopened when Covid restrictions were lifted. I have attended anniversary celebrations in Guilds and Federations. It was wonderful to be at the opening of Lennon Guild in Donegal and to meet some young ladies who were delighted to join ICA. I have asked all Federation Presidents to try to open a new Guild in their Federation during our term of office.

We remembered all those who lost their lives during the Covid 19 Pandemic at the Winter Conference in Gorey in November 2021 with a candle lighting ceremony as we observed a minutes' silence. Sadly we lost four former National Presidents Eva Coyle Donegal Federation, Mamo McDonald Monaghan Federation, Monica Prendiville Kerry Federation, and Kitty Harlin Meath Federation. They were all great leaders of our Association and their legacies live on in the lives of our members today. Ar dheis Dé go raibh a n-anamacha. It was great that we were able to hold two very successful and enjoyable National Conferences.

The Winter Conference was held in Gorey in November 2021 when we celebrated 111 years of ICA. At the Spring Conference in Clonmel in March 2022, we celebrated National Women's Day and Seachtain na Gaeilge. We had some great presentations including one from The Climate Action/Sustainability Committee. Over a 100 members attended each of these events and some members who couldn't travel listened in on Zoom. Members were delighted to be able to meet and chat with others from around the country and enjoyed music, dancing and entertainment.

At Guild and Federation level ICA has mobilised in regard to the awful situation in Ukraine. At our Spring Conference in Clonmel we heard of what Wexford Federation were doing and our National Aid Drive for Ukraine was launched.

This Annual Report will cover a selection of some of the activities that took place in the Federations and Guilds around the country. Members in the Guilds are the backbone of this association.

Let us get back to all we love about ICA, with renewed energy as life returns again in our post pandemic world.

TÁ ICA AR AIS . Tabhair aire daoibh féin agus dá chéile. Take care of yourselves and each other.

Le gach dea-ghuí,



Hilda Roche

Hilda Roche,
National President



Report from the National Advisory Committee (NAC)

A Cháirde,

A few months into my term as President of my Federation, there was a relaxation of Covid restrictions, my friends and I took our nine-day break to Killarney on 1st August, 2021, (booked pre Covid-19 and deferred), I made the decision to interrupt the holiday to attend An Grianán, 6th August 2021 for Federation President training.

What an enlightening weekend it was, meeting President Hilda Roche and the Regional and Federation Presidents. The Mindful Facilitation ('connecting mind body and spirit through ancient wisdom, neuroscience and nature', by Dee Hennessy) was so relaxing and then the roles and duties outlined, of the Federation Presidents, the National Advisory Committee, responsibilities, organisation, communication and so forth. I was now truly excited and keen to get on with my role as Federation President.

Finally, the election of Chair & Vice Chair of the National Advisory Committee, duly elected Ann Lonergan as Chair and Mary O'Gorman as vice-chair. I was now 'biting at the bit' to take on the challenges ahead.

My slight trepidation and stage-fright proved to be unfounded at my inaugural meeting as Chair of National Advisory Committee, held 2nd October, 2021 in Midlands Park Hotel, Portlaoise and via Zoom. My fellow NAC members were very welcoming to the fledgling Chair.

It was gratifying to hear about the in-person and virtual activities that some Guilds still managed to carry out during the easing of Covid restrictions. Outdoor meetups for cuppas and chats, Million Stars Project, Craft days, organised walks, pitch & putt, golf, drama, trips to An Grianán, odd socks for Downs Syndrome, shoe boxes for team hope, calico dolls for babies, scrubs for nursing homes, wreath making, celebrating Nollaig na mBan, pole walking and gardening. It was astounding to hear how creative members had been in spite of the pandemic. An ICA lady does not rest on one's laurels.

When Covid-19 numbers rose again and a short lockdown occurred more than ever we realised that never before in human history has it been possible to communicate so quickly during a pandemic, social media platforms have been a key piece for the dissemination of information among our membership with Zoom rising to the top with its conferencing services. We have successfully been able to hold our meetings on Zoom during restrictions. However, the 'virtual' meeting was not reaching all our members as not all members are computer literate or had the facilities. Federation Presidents tried to keep contact with members via telephone.

I chaired the NAC President's Forum on Zoom 2nd December, 2021. A light and informal meeting of all Federation Presidents, varied concerns and ideas were discussed and the Chair then introduced a bit of a social aspect to the forum. We were regaled with a Christmas monologue, and a humorous story from two of the Presidents and then it was time for Trivia Quiz. The Chair contributed a 'Chair Prize' for a raffle and the lucky winner was Marie Gorman, Roscommon.

Our heartfelt sympathies are extended to all Federations who have lost fellow ICA members or family members throughout the year.

Stay strong and safe members, as we strive to bring ICA into the Future.

Ann Lonergan
Chair of the National
Advisory Committee



Horace Plunkett Guild
Meath Federation at Teltown House



The ICA

Our organisation

ICA is a national organisation of women founded in 1910. Today over 6,000 members in 460 Guilds across the country come together in friendship and fellowship to enhance their wellbeing and develop new skills. A hallmark of the ICA's work for over a century has been its contribution to community life, in leading the advancement of women's role, their rights and opportunities, and improving the quality of family life.

Our charitable objectives are to advance education and benefit the community through:

Bringing women together in fellowship and friendship, developing and improving the well-being, knowledge and skills of women and improving the general quality of life in Ireland through co-operative effort

Supporting and promoting Irish language and culture

Promoting the development of women in Ireland, nationally and internationally

Our organisation

ICA members can be found in communities across Ireland. In 2021 there were 460 Guilds organised in 27 Federations.

Members meet regularly and plan a programme of events for the year. Across all Guilds there are common features - meetings, social events, campaigning activity, cooperative work in communities, fundraising, and participation in Federation and national ICA activities. Each Guild is different and responds to the interests of its members. Guilds come together in County Federations to work on their county and national issues and campaigns, led by the National Executive Board and the National Advisory Committee.

ICA Central Office provides support to the whole organisation, facilitating, training and conferences, events and competitions. It manages the national resources of the Association. An Grianán, our Adult Education College in Co Louth, provides education, training and specialists programmes which ICA members can attend as individuals or in Guild and Federation groups. It also welcomes guests who are not members of the ICA to a wide range of courses.



Thomastown Guild, Kilkenny
Federation Basket making class



ICA in Action



1. Thomastown Guild Kilkenny Federation Basket making class | **2.** Minaun Guild Waterford Federation Guild Walk | **3.** Bohernabreena Guild Dublin Federation making Easter Crafts on Zoom March 2021 | **4.** Ballinaclough Guild Tipperary North Federation presenting a cheque for funds raised for the North Tipperary Hospice movement | **5.** Knocknacarra Guild Galway Federation Margaret Kyne Doyle (President Knocknacarra) (left) with Galway Federation President Cathy Curlette | **6.** Gempack Porter Cake Competition Carlow Federation Mary Ryan (winner on left) Mairead Phelan Carlow Federation President on right | **7.** Manorhamilton Guild Leitrim Federation Autumn Wreath workshop | **8.** Span Fenit Guild, Kerry Federation "Better Balance, Better Bones" | **9.** Marlay Guild, Dublin Federation | **10.** Upper Glanmire Guild, Cork Federation out walking.



ICA in Action



1. Horace Plunkett Guild Meath Federation at Teltown House | **2.** Grange Guild Limerick Federation Milestone Birthday Lunch celebration | **3.** Blackrock Guild Louth Federation craft work | **4.** Dollymount Guild Dublin Federation Summer Outing | **5.** Lough an Leagh Guild Cavan Federation Halloween Pumpkin Flower Arrangements | **6.** Longford Federation International Women's Day celebration | **7.** Moyvane Guild Kerry Federation return to meeting Party after the lifting of the Covid Restrictions | **8.** Members of Ratoath Guild Meath Federation on Tara Hill for a walk | **9.** Members of Rathkeevan Guild Tipperary South Federation in front of a Star Tree | **10.** Remembrance Day Cork Federation (from left to right Ena Howell, Hilda Roche and Rita Clohessy) | **11.** Tower Guild Cork Federation publication of 60th anniversary history booklet, on the left Eilish Kelleher and on the right Kathleen O' Riordan.



ICA in Action



1. Borris on Ossory Guild Laois Federation celebrating 60 years | **2.** Ashford Guild Wicklow Federation Summer Outing | **3.** Bruskey Guild Cavan Federation 50th Anniversary Celebrations | **4.** Camross Guild Wexford Federation celebrating 60 years | **5.** Carlow Federation visiting Altamont Gardens | **6.** Westmeath Federation Decorated Candles for Christmas Meeting (From L to R Betty Digan , Eilish Mc Donnell, Aine Burge winner and Maura Walsh) | **7.** Edenderry Guild Offaly Federation celebrating the 150th Anniversary of the Sisters of St John of God | **8.** Ballyconnell Guild Carlow Federation meeting outdoors | **9.** Spring Conference 2022 Clonmel Park Hotel



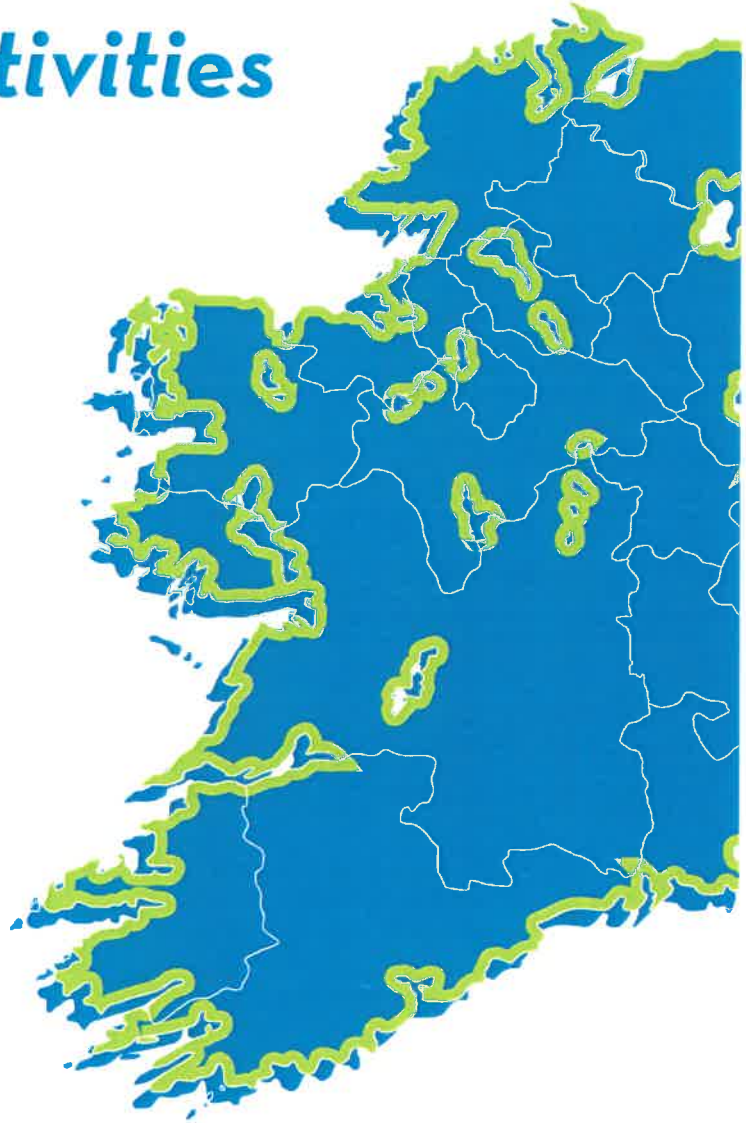
Selection of Federation Activities

Galway Federation organised an Autumn Wreath making demonstration for all their Guilds. Teams of volunteers collected leaves, moss, greenery and dried flowers. Led by the Galway Federation biodiversity officer, the workshops taught members how to make autumn wreaths and they promoted and raised funds for biodiversity in Galway.

Wexford Federation asked all the Guilds in the Federation to nominate 2 charities to support for the year. The charities with the most votes are the winners and in 2021-2022 The Wexford Hospice Homecare and the Wexford Rape Crisis Centre were the 2 nominated charities. Guilds like Ballyoughter organised a fundraising walk around the Camolin walking track and raised badly needed funds.

Led by Ballyloughan Guild, all the Guilds in **Carlow Federation** were invited to join a sponsored walk for the Ugairish Charity which is a small Irish charity based in Carlow and run by volunteers. When Ballyloughan Guild member Joan Doyle visited Uganda she noticed that many children had no shoes, so the focus of the project was to raise money to buy shoes and socks for the seventy five children in the local school. Ten Guilds in Carlow Federation raised nearly €2,000, the shoes were bought locally in Uganda and the children received shoes, socks and a small toy in time for Christmas.

Cork Federation held a special day of Remembrance to commemorate the lives of all of their members who had lost their lives during the Covid 19 Pandemic. Cork Federation also organised a Calendar where twelve Guilds got involved and each had a page for one month. Some included photos of their activities, others put up photos of their communities, their crafts and Ballinora Guild included a poem. Launched by the Lord Mayor of the City and the Lord Mayor of the County, over six hundred calendars were sold.



Selection of Guild Activities

The main objectives of the Association are to advance education and benefit the community through bringing women together in fellowship and friendship thus developing and improving the well-being, knowledge and skills of women and improving the general quality of life in Ireland through co-operative effort of women.

These snapshots show examples of ways in which ICA Guild activities enhance women's well-being across the country:

WALKING FOR HEALTH

Many Guilds took up walking during the pandemic to maintain their physical health and to stay connected with each other. In **Doora Guild**, Clare Federation, the members enjoyed 5 KM walks around the historical sites of the area. The Members of **Marlay Guild**, Dublin Federation, took up Nordic Walking with poles and an instructor. **Oulart Guild** in Wexford Federation did their walks for two charities raising funds as they walked. **Kilkelly Guild** in Mayo Federation also took up walking with activator poles and this enabled the members to walk up hills and on different surfaces. **Thurles Guild** in North Tipperary Federation did socially distanced walking five days a week in the grounds of a local college. **Behy Guild** in Mayo Federation chose Sunday as their walking day and tried to complete 5KM each walk. **Gorey Guild** members in Wexford Federation went on a very informative walking tour which is part of Wexford Walking Trail taking in local church, cemetery, Castle and sensory gardens. **Rockcorry Guild**, Monaghan Federation, also met on Wednesday and Saturday mornings for walks during lockdown to maintain their physical fitness and to catch up with their friends. Walking and Weeding on Mondays was the innovative theme in **Wicklow Town Guild**, Wicklow Federation, they wanted to contribute to the betterment of their town as well as keeping fit.

ART FOR ART'S SAKE

Drogheda Guild in Louth Federation had a very artistic year enjoying art courses, learning painting techniques and producing some lovely artwork which was exhibited in their WhatsApp "Gallery". **Mulranny Guild** and **Crossmolina Guild**, both in Mayo Federation, also enjoyed art workshops, Batik was the new skill in Mulranny while Pebble Art was practised in Crossmolina. Pottery was the theme in **Crosserlough Guild** in Cavan Federation, the members enjoyed 6 workshops with local sculptor improving their artistic skills. **Muckcross Guild** in Kerry Federation offered "Painting in Watercolour" to its members, some of whom discovered hidden talents they never knew they had. The members of **Thomastown Guild** in Kilkenny Federation took up Basketry and developed their skills in basket making, all arts materials were provided by the Arts Department of Kilkenny County Council. Members of **Sandyford Guild**, Dublin Federation, took up the Ukulele proving and improving their musical talents.



Members of
Sandyford Guild,
Dublin Federation
Ukulele group

KEEPING FIT

The Members of **Golden / Kilfeacle Guild** in South Tipperary Federation enjoyed 4 sessions of Armchair Yoga, this was a fun event with a great teacher and lifted the Covid Gloom. "Better Balance Better Bones" was the theme in **Spa Fenit Guild** in Kerry Federation. The 8-week course was run by a local physiotherapist promoting better bone health through specific exercises and improving muscle strength. **Moyvane Guild** also in Kerry Federation used technology to help with their Keep Fit, playing a DVD in their hall and following the exercises on screen. Swimming was the activity of choice in **Cranny Coolmeen Guild** in Clare Federation, where members attended 5 sessions with other community members increasing their physical activity levels. Zumba dancing was on offer in **Mahorhamilton Guild** in Leitrim Federation, members enjoyed 3 nights of classes which they found very uplifting. **Dundalk Guild** in Louth Federation enjoyed Pitch and Putt which was a Covid Friendly Activity. **Ballydehob/Schull Guild**, Cork Federation, participated in Keep Fit Classes which supported the mental and physical health of some of the older members. **Horseleap / Streamstown Guild** in Westmeath Federation took part in some line dancing classes for fun and fitness. **Tallaght Guild** members in Dublin Federation took up chair yoga and line dancing to keep fit. Chair Yoga was also the flavour in **Ballyhooly Guild**, Cork Federation, when they did a 6-week course.

BRINGING WOMEN TOGETHER IN FELLOWSHIP AND FRIENDSHIP

A Christmas Cookery demonstration brought nearly all the members of **Castleknock Guild**, Dublin Federation, together in person for the first time in nearly 2 years. During Halloween, the members of **Lough An Leagh**, Cavan Federation, came together and decorated pumpkins by making them into flower arrangements. An outing is always a fun day out and the members of **Ardcath Guild** in Meath Federation enjoyed a visit to a private garden on the banks of the River Boyne. The members of **Tramore Guild** in Waterford Federation visited the Bishops Palace and the Medieval Museum in Waterford to learn about the history of the city. The members of **Boyle and District Guild** went on the Shed Distillery tour in Drumshanbo and sampled whiskey and gin produced on site. Photo of distillery visit below.





IMPROVING THE QUALITY OF LIFE

The members of **Labasheeda Guild** in Clare Federation decided to improve a section of the Shannon Estuary Way by designing an ICA garden rich in plants and flowers for pollinators to improve biodiversity. They also have bird boxes, bird feeders, a bug hotel and sculptures. **Hollywood Guild** in Wicklow Federation took part in a Christmas fair selling all hand-made teddies, dolls and animals as well as crocheted hats, scarves, blankets, baby cardigans, homemade jams, chutneys, cakes and painted decorations made out of wood. All their produce was sold in aid of the community hall appeal. Together with "Circle of Friends" in Tipperary, the members of **Kilbehenny Guild** in Limerick Federation get together for their knitting club every month. They knit squares which are then sewn together to make blankets for local nursing homes and cancer patients. **Knocknacarra Guild**, Galway Federation, donated hand-sewn Halloween bags to the children's unit of the University College Hospital bringing much needed excitement to the sick children on the paediatric unit who could not receive visitors or go trick-or-treating. The members of **Maynooth Guild** in Kildare Federation got together for a large-scale project to paint their ICA Guild Hall. Using a community grant, the members worked on painting both inside and out, the ceilings, the woodwork and they varnished the floors too. The members of Cushinstown Guild in Wexford maintained and extended the planting around the naming stone that they had previously erected welcoming people to their town. The members of **Rathanna Guild**, Carlow Federation organised a Treasure Hunt during National Heritage Week. It was a fun, recreational, family activity which included 33 clues relating to historical monuments in the locality.

CELEBRATING THE IRISH LANGUAGE AND PROMOTING WOMEN IN IRELAND AND INTERNATIONALLY

The members of Grange Guild, Limerick Federation, were contacted by phone by their Timire Marie Garvey during the pandemic. Marie asked them to collect words as Gaeilge to be used in the middle of their sentences in English. They used these words when they called each other to stay in touch. **Grange Guild** now have a 10-minute slot at every Guild meeting where members use old blessings and endearments and vocabulary in Irish which reminds them of their school days. The members of **Marshes Guild**, Louth Federation, held an intergenerational Zoom meeting and brought family members together to compare life then and now. Members spoke about their lives growing up and invited their grand nieces, grandchildren and others to speak about their experiences of growing up today. One Million Stars to end violence against women: **Sandyford Guild**, Dublin Federation, **Butlersbridge Guild** Cavan Federation, **Rathkeevan Guild** South Tipperary Federation and **Kilkenny City Guild** Kilkenny Federation all took part in this initiative to raise awareness and end violence against women.

An Grianán

We were delighted to open the doors of An Grianán to our members last July, with members from all over the country partaking in courses of Fabric Sculpture with the amazing Justine Prendergast, Watercolours with Henry McGrane, Mixed Crafts with Iris Farrell and Beaded Jewellery with Eleanor Hewitt. Our guests' safety was our priority, the new sliding doors in the Dining Room proved invaluable for providing additional ventilation during the difficult days of high covid levels.

Occupancy rates for last year were hampered by Covid, many guests were unwilling to share accommodation. At An Grianán, we have 33 Ensuite Bedrooms (Single, Double, Triple) and 12 non-ensuite rooms (smaller rooms) so a total of 45 bedrooms.

Our ICA occupancy for last year was:

July: 149 guests

August: 126 guests

September: 272 guests

October: 218 guests

November: 54 (Restrictions re introduced).

We also hosted some private conferences such as Dublin Chamber of Music, The Irish Doctors Choir and some Yoga Groups.

We also had Louth and Meath Federations join us for a very enjoyable One Day Course in September, they made fantastic baskets with Ronan, Pyrography with Pauline of Kierton Crafts, Cookery with John Eglington and Care for the Self with Bernie. A magnolia tree was planted by Athboy Guild.



In February 2021 we held our very first Lace Week, we do hope that this will become an annual event (or even bi-annual event) as lace making is a tradition we don't want to lose. We had fantastic tutors for Lace week, Ann Keller for Bobbin Lace, Eleanor Calnan for Carrickmacross Lace, Bronwen Murray for Tatting and Bairbre Guilfoyle for Knitted Lace. Some great pieces were completed, and a second Lace Week has been added to the schedule for this year due to demand: LACE WEEK 2022 will be held in October from 10 - 14th, the same courses have been requested but we are happy to add additional courses subject to demand.



We were delighted to receive some new outdoor seating this year too, firstly Donegal Federation kindly donated a chair to remember our former National President, Eva Coyle RIP. Members of the Coyle family travelled to An Grianán from Donegal for lunch and the unveiling of the seat, a lovely few words were said by Maureen McLaughlin, National PRO.

We also received a new seat from the TOAL family, Eileen and her family travelled to An Grianán to present the seat, her dear Mum who had sadly passed had enjoyed sitting at An Grianán, and Eileen and her family felt it was the perfect tribute to her.

We look forward to welcoming our Members and friends to An Grianán in 2022, we are always delighted for suggestions for new courses that members would like to see at An Grianán, we need 8 people for courses to proceed to get a few friends together and come and join us!





National Competitions

2021-2022

In October 2021 Dublin accepted the challenge of running the National Competitions for the current term. When the proposal was presented at a Dublin Committee meeting all agreed that we take on the task. Nobody knew exactly what was involved but we all agreed that we would learn on the job and work as a team. This is precisely what we are doing.

The 2021-2022 Competitions brochure was launched in Gorey at the Winter Conference in November. We wish to thank Rebecca Ryan for her help with proofreading and printing of the finished product. We also thank May Campbell, Longford, for her ongoing help and advice.

While Covid 19 is hopefully fizzling out, it is still casting a shadow on some competitions for 2022. The competitions impacted are:

- Patsy Lawlor Cup for Set Dancing
- Patsy Lawlor Shield for Set Dancing
- Baumann Shield for Music
- Eleanora Gibbon Shield for Music

We hope this is a temporary situation and that all will be up and running again next year.

We are very grateful to all our members who have chosen to enter all other competitions. We are very pleased with the interest shown.

Competitions weekend is in An Grianán March 26th & 27th. We look forward meeting many members there. The final of the Table Quiz will be held on Saturday afternoon. The final of Blackberry Hearing "Singing Voice of ICA" will take place on Saturday evening, followed by the modelling and judging of "A hat for a Special Occasion". On Sunday Eleanora Gibbon Cup for Drama will be competed for.

On Wednesday March 30th will be the finals of Gem Pack baking competition and Creative Writing Competition.

We hope these occasions will be enjoyed by all.

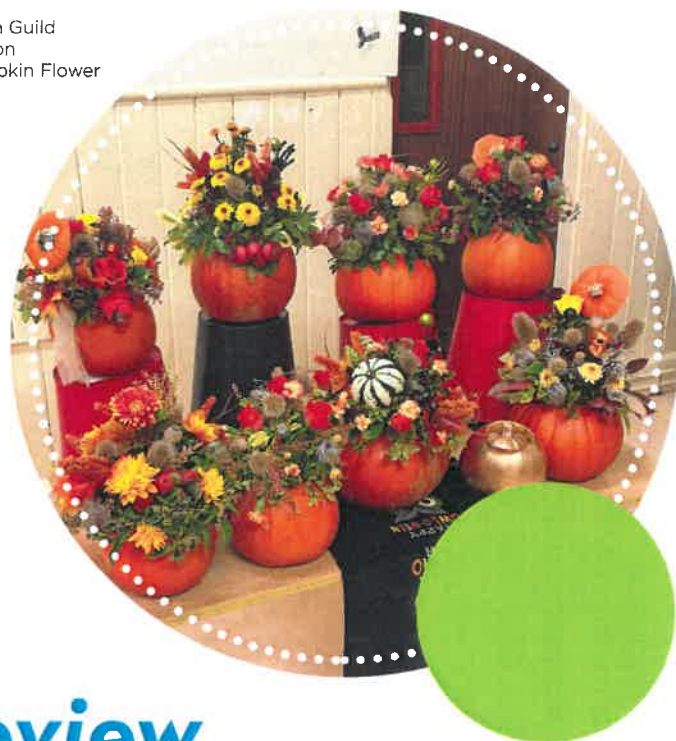
We are also very grateful that our National President has agreed to fit these dates into her already busy schedule.

It would not be possible to hold these competitions without the generous monetary contribution of our sponsors **Gem Pack** and **Blackberry Hearing**. We thank them sincerely.

The final cog in the wheel, to ensure the success of the competitions, is of course, Niamh Donegan our Manager in An Grianán. She has been most helpful and accommodating – and she still hasn't blocked my phone number!!!! Thank you, Niamh.

Is mise le meas
Helen Uí Mhuíneacháin
Rúnaí
Comórtaisí Náisiúnta Bantracht na Tuaithe

Lough an Leagh Guild
Cavan Federation
Halloween Pumpkin Flower
Arrangements



Treasurer's Review

2021-2022

I took over from my predecessor, Helen Rutter, in May of last year. Helen did an excellent job under challenging circumstances. With my first year in office coming to an end, and after two years of the Covid 19 Pandemic, I will continue to work towards developing and keeping the organisation financially stable. An Grianán was closed for six months last year with a substantial number of cancellations in the last two months due to lockdowns and ever-increasing numbers of Covid cases. But we are happy to say that, by the number of bookings coming in for the coming year, members are looking forward to visiting, attending courses, various classes and taking time out for themselves. A visit to An Grianán is a must for 2022.

Setting the Membership fee at €45 for 2022 was a difficult decision for the Board. We looked at the various suggestions and concerns raised by members. But for the organisation to continue to support the membership, it must be funded. Currently, the only funding is by your membership fee. With government support and business interruption insurance payments, this has helped to sustain the association financially during 2021. 2022 will be even more challenging year with reducing memberships, increasing costs and Covid 19 government supports no longer available.

Together with the CEO, Eufemia Solinas, we are identifying and preparing applications for funding and grant supports that would help fund services, membership support and development. Financial Reports are on pages 19 and 20. With members and Guilds back meeting up, taking part in activities, having fun, enjoying all that ICA has to offer, now is the time to encourage women to join!!! We are looking forward to the future, working on building and invigorating the organisation.

Mary O'Halloran
National Treasurer.

Income and expenditure account

Financial year ending 31st December 2021

	2021	2020
Income Resources	€524,910	€570,885
Cost of sales	€-101,777	€-49,827
	€423,133	€521,058
Administrative expenses	€-578,581	€-527,513
Other operating income	€348,948	€88,075
Operating Surplus	€193,500	€81,620
Surplus for financial year	€193,500	€81,620

Other Comprehensive Income

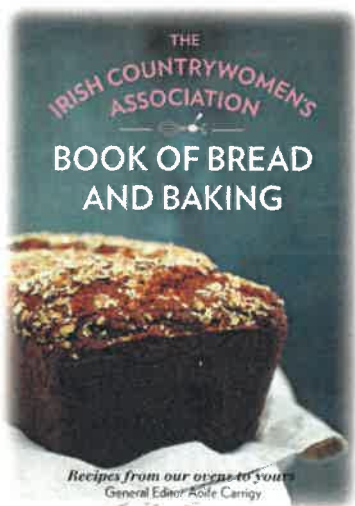
Unrealised Surplus on Revaluation of Tangible Fixed Assets	-	€3,749,675
Other Comprehensive Income for the Financial Year	-	€3,749,675
Total Comprehensive Income for the Financial Year	€193,500	€3,831,295

All the activities of the company are from continuing operations.

Balance Sheet

	2021	2020
Fixed assets	€12,331,853	€12,300,831
Tangible assets	€12,331,853	€12,300,831
Current assets		
Stocks	€8,299	€8,810
Debtors: Amounts falling due within one year	€44,772	€26,161
Cash at bank and in hand	€964,605	€817,723
	€1,017,676	€852,694
Creditors: Amounts falling due within one year	€-134,738	€-132,234
Net Current Assets	€882,938	€720,460
Total assets less current liabilities	€13,214,791	€13,021,291
Net Assets	€13,214,791	€13,021,291
Reserves		
Revaluation reserves	€8,932,721	€8,932,721

ICA Books & Publications



Late in 2019 the **ICA Book of Bread and Baking** was published as the fifth book in the series published by Gill and Macmillan, edited by Aoife Carrigy. Like all the other books in the series the book of bread and baking relied on the very many recipes chosen from those sent in by members around the country.

Recipes from 70 members feature in the book including traditional recipes for brown bread, Irish soda bread, fluffy scones and timeless fruit cakes are firm favourites. There are also more modern recipes like sourdough bread, onion focaccia and gluten-free options including muffins and bread and a delicious recipe for a vegan blackberry cake.

Available for purchase from the ICA Central Office.



The Book of Bread and Baking is part of the ICA family of books. These include The Book of Christmas, The Book of Tea and Company, the Book of Home and Family and the original ICA Cookbook. All are published by Gill & Macmillan except The Book of Crafts, published by Mercier.



Other publications on sale from ICA:

Handcraft test book €3,00

Arts Awards book €3,00

Constitution €3,00

Handbook €3,00

Lumra €5,00

Call Central Office: 01 6680002



Irish Countrywomen's Association

2021 - 2022